

## **KNOWN SCHEDULE – SPORTSMAN**

	<b><u>K-Factor</u></b>
1. Take off from right to left	1
2. One loop on centre, from right	2
3. Two rolls on centre, from left	3
4. Two opposite rolls on centre, from right	3
5. Square loop on centre, from left	2
6. Immelman Turn on right hand side	2
7. Outside loop on centre	2
8. Half loop on left hand side	1
9. Inverted 5 seconds minimum on centre with $\frac{1}{2}$ roll	4
10. Landing from right to left	1
<b>Total</b>	<b>21</b>